Supporting donor conception families for over 25 years

Books for Parents

Telling and Talking
Telling and talking about donor conception in the first few years of the child’s life

Our Family
A guide for families and friends of those conceiving a child using donor conception, with practical advice for parents and children

Mixed Blessings
Building a family with and without donor help

Friends and Family
Talking to family and friends about donor conception

Support • Community • Information
DCN books and resources for parents and prospective parents

**Telling and Talking**

*Essential guides for parents*

Our ‘Telling and Talking’ series is designed to support parents practically and emotionally as they think about when and how to ‘tell’, and to provide guidance on continuing the conversation with their children into adulthood.

There is a separate booklet for children’s different developmental stages (0-7yrs, 8-11yrs and 12-16yrs) to help parents choose the time and words that best match their child’s language, learning, cognitive and social development.

All books are suitable for telling for the first time, or completing the story if there are things you haven’t yet shared.

“Really helpful guidance when we started thinking about how, what and when to start telling our 2 year old daughter about her origins.”
*Telling and Talking, 0-7 year olds*

“One of the most difficult conversations we’ve faced... not sure what we would have done without this book and the support of DCN.”
*Telling and Talking, 12-16 year olds*

Each booklet includes recommendations for further reading, other resources and a list of useful contacts, both general and age-specific.

**Friends and Family**

*Guides for parents and prospective parents sharing information with relatives and friends*

‘Friends and Family’ looks at how parents and prospective parents can share information with their wider community, and how to anticipate and respond to the reactions they might get.

“... These booklets really built my confidence explaining our situation to people close to me. The Our Family booklet is particularly useful as you can simply hand it over.”

The companion book ‘Our Family’ is designed to give to relatives and friends to read and learn more about donor conception and how to offer support.

**Mixed Blessings**

*For families built with and without donor help*

“... the reader will find the wide range of case studies put anxieties into perspective and help the reader realise that they are not the first, and probably won’t be the last, to have these feelings.”

‘Mixed Blessings’ is for parents with non-donor conceived children who also have (or are planning to have) children conceived with the help of a donor. It explores what feelings and issues can come up and how to manage that particular difference in the family.

“When my son hit 9 he started asking more questions. Having this book made responding so much easier, knowing I had sound advice to draw on for his stage of development.”
*Telling and Talking, 8-11 year olds*

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Primary School Resources

A fantastic resource pack for parents and teachers

“Can I just say how useful [the Primary School Resources] were. They helped me gather my thoughts before speaking to the teacher and to feel confident in the reasons why I was sharing the info with her... It really took the anxiety out of the situation.”

A helpful and comprehensive collection of information and classroom resources aimed primarily at families with children aged 4 to 11 and their teachers, although also useful for pre-school and the first year of secondary school. It includes guidance on why and how to share information with teachers about the fact that your child is donor conceived. There are separate sections on 'Why Tell?', 'Letter to the Teacher' (tailored to the way your child was conceived), 'Information for Teachers', 'Classroom Resources' and 'Questions from Friends' (written for children).

Telling and Talking 17+

A guide for parents telling their adult offspring for the first time

This booklet is aimed at parents who are considering telling their adult offspring about the fact that they were conceived with the help of a donor. We also offer a bespoke counselling service to support these families, please contact us for more details.

“... practical steps as well as insights into generously shared personal experiences from the case studies and the author herself.”

For a full list of books and prices and to purchase any items please visit the SHOP on our website.

Help and Information Line:
020 7278 2608
enquiries@dcnetwork.org
www.dcnetwork.org

Donor Conception Network
154 Caledonian Road, London N1 9RD
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Parent-led • child-centred